

กินดี มีสุข Eat Well, Live Well.

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เนื้อตุ๋นเห็ดหอม

ส่วนผสม

- เนื้อเอ็น่อง 150 กรัม
- เห็ดหอมแห้ง 20 กรัม
- เกล็ด 1 ช้อนโต๊ะ
- หัวไช้ 2 แฉก
- พริกไทยเม็ด 1 ช้อนชา
- น้ำเปล่า 1 ½ ถ้วย
- น้ำซุปรวมเข้มข้นเมนทสึยู 30 มิลลิลิตร

สินค้าของเรา



น้ำซุปรวมเข้มข้นเมนทสึยู Mentsuyu

วิธีทำ

1. หั่นเนื้อเป็นชิ้นสี่เหลี่ยมพอคำ
2. ใส่เครื่องปรุงรังกทั้งหมด และ น้ำซุปรวมเข้มข้นเมนทสึยู เคี่ยวไฟจนเนื้อเปื่อยนุ่ม ประมาณ 2 ชั่วโมง เสิร์ฟกับข้าวสวยร้อนๆ

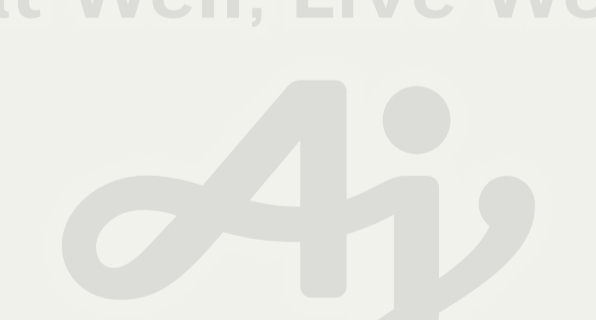
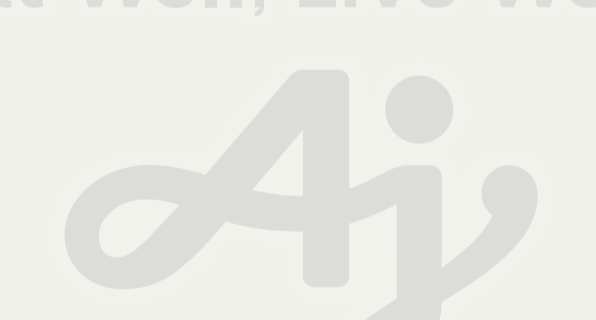
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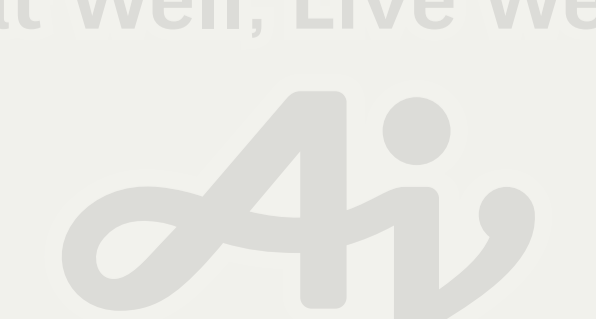
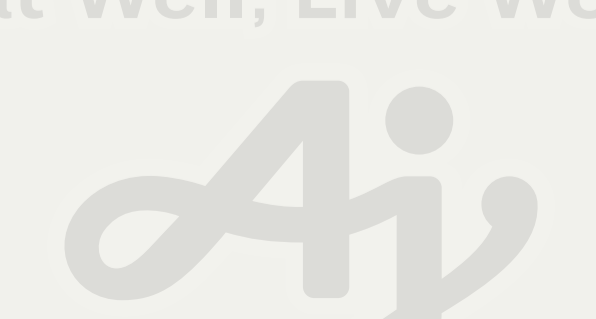
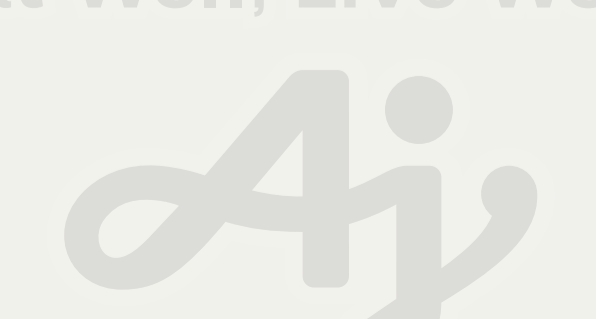
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